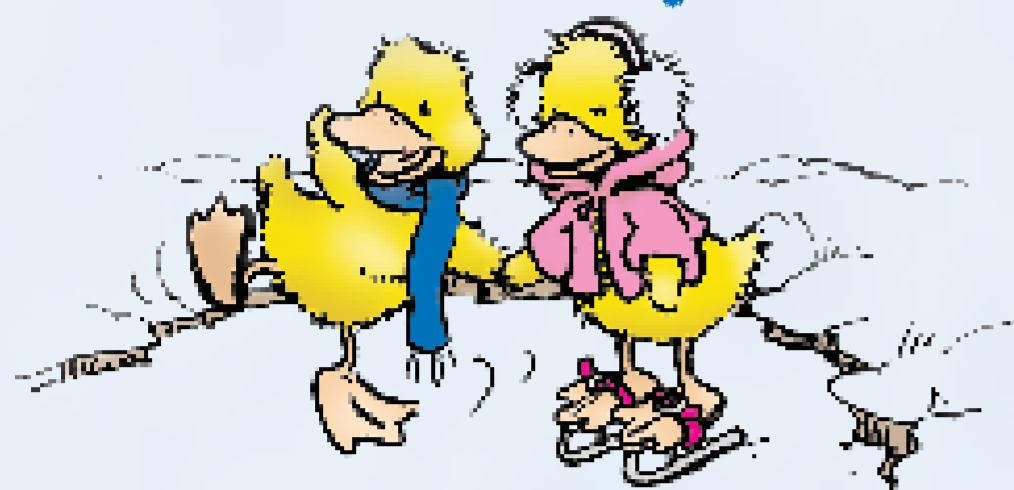


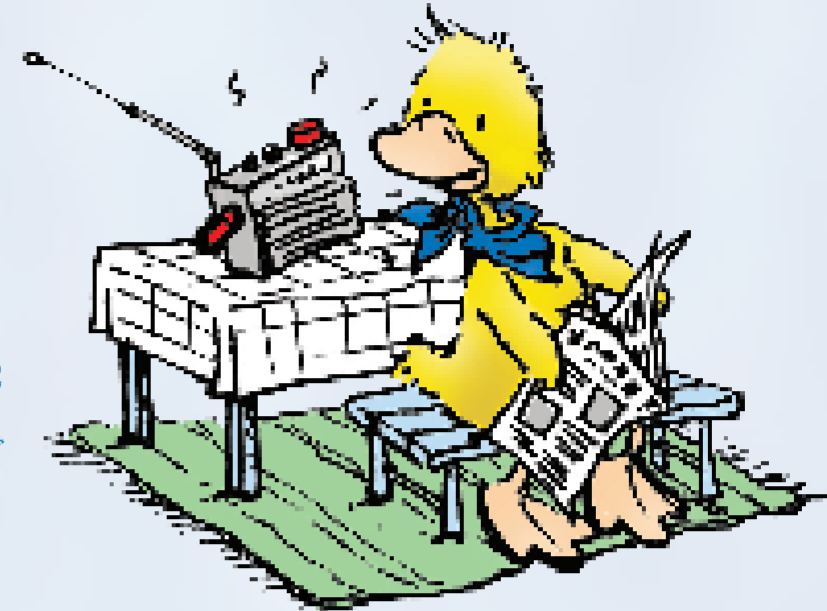
Rules on Ice

Don't go on the ice during the first few cold days!



Never go alone!

3. Be aware of warnings in the newspaper and/or on the radio!!



Ask the official authority if the ice is thick enough to walk or ice skate on!

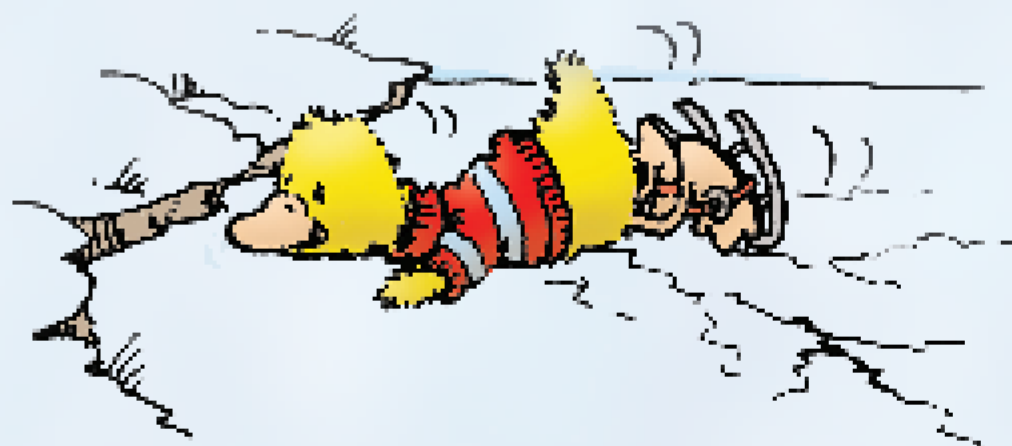


Only go on the ice if it's thicker than 15cm. In flowing water only if it's thicker than 20cm!



Leave the ice immediately if you hear anything crackling or popping!

Never call for help if you're not really in an emergency situation but always help others if they need you!



Lay down flat and move to the shore with caution if you're in danger of breaking in!

Try to distribute your weight with an upside down sleigh or a ladder when trying to rescue others!

Warm up the rescued one with blankets and dry clothes!



Always call 112 after you rescued one. A hypothermia can be life threatening.